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Manson Creek Commences Field Program On Gillman Silver-Lead-Zinc Project

Manson Creek Resources Ltd. (Manson Creek) is pleased to provide an exploration update for the Gillman silver-lead-zinc project, located 45 kilometers southeast of Revelstoke, British Columbia.

Manson Creek personnel have commenced an exploration program consisting of geological mapping, prospecting and sampling to extend and outline mineralized zones identified to date.

The Gillman project is located immediately south of Manson Creek's recently drilled Meridian project. The 1,179 hectare claim group hosts at least five distinct precious and base metal zones: the Silver Dollar, Hillside, North, Gillman, and Homestead zones.

Sampling results to date include 1,265 grams/tonne (g/t) silver, 17.40% lead, 21.50% zinc and 1.74 g/t gold in the footwall massive sulphides within the laterally extensive Silver Dollar zone. The Hillside zone has returned 3.0 meters (m) of 0.20 g/t gold, 29.35 g/t silver, 1.01% lead and 0.54% zinc.

Background

The five zones, each comprised of a number of mineralized showings, occur within a several hundred meter wide zone of locally sheared and silicified metasedimentary rocks paralleling the prominent Camborne Fault. This regionally extensive structure hosts over 86 precious and base metal occurrences.

Silver Dollar Zone

The Silver Dollar Zone is comprised of at least two quartz veins ranging from 0.2 m to over 3.0 m in width. The zone, located in an area of glacial overburden, is intermittently exposed over a stratigraphic interval of 20 m and a strike length of 280 m.

Historical development work on the Silver Dollar Zone includes two production adits, and the completion of the North, South and Alpine trenches. These workings accessed a fault controlled quartz – sulphide zone up to 3.0 m wide. This zone includes both massive and stockwork quartz veins up to 2.6 m in width and a footwall massive sulphide zone with widths from 0.20 m to 0.40 m. A continuous 2.0 m chip sample, collected from the north end of the Upper Adit returned 0.12 g/t gold and 11.5 g/t silver. A 0.20 m width of the footwall massive sulphides assayed 1.74 g/t gold, 1,265 g/t silver, 17.40% lead, 21.50% zinc and 0.58% copper.

Hillside Zone

The Hillside Zone, a quartz stockwork with peripheral disseminated sulphides, is located 275 m north-northwest of the Silver Dollar Zone but at a significantly higher stratigraphic level. The main Hillside showing returned a weighted average of 0.20 g/t gold, 29.35 g/t silver, 1.01% lead, 0.54% zinc and 0.01% copper over 3.1 m. A grab sample collected from a quartz vein immediately to the north, and along strike from the main showing returned an assay of 2.05 g/t gold, 852 g/t silver, 17.6% lead, 2.96% zinc and 0.26% copper.

North Zone

The North Zone includes the Allison showing, initially examined in May 2006 and the Wheelbarrow adit. One grab sample was collected from semi-massive sulphides located at the south end of the Wheelbarrow adit with a second sample taken from semi massive sulphide located at the north end of the adit. The southern sample assayed 25.2 g/t gold, 73.1 g/t silver, 0.70% lead, 0.02% zinc and 0.01% copper. The northern sample assayed 5.96 g/t gold, 21.4 g/t silver, 0.29% lead, 0.26% zinc and 0.01% copper.

Gillman Zone

The high grade Gillman mineral occurrence is a 0.3 to 3.0 m wide quartz vein partially exposed over 80 m in an area of glacial cover. The Gillman vein is sub-parallel to the Camborne fault zone. Sampling by Manson Creek in 2006 included a 2.0 m continuous chip sample that returned 4.15 g/t gold, 10.6 g/t silver, and anomalous base metal values. A grab sample of the vein 80 m to the south of the aforementioned sample assayed 13.15 g/t gold, 43.70 g/t silver, 1.19% lead, and 0.86% zinc.

Homestead Zone

The Homestead mineral occurrence is located 2.1 kilometers north of the Gillman Zone and is comprised of a series of well-defined quartz veins ranging from 1.0 to 2.4 m wide. Manson Creek sampling has returned numerous anomalous silver and gold values.

The Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release was the President of the Company, Regan Chernish, P.Geol.

“Regan Chernish”

Regan Chernish, P. Geol.,
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.