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NEWS RELEASE

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Manson Creek to Commence Exploration Program at Black Lake Uranium Project

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce an exploration update for the Black Lake Uranium project, located in northern Saskatchewan.

Manson Creek will complete a two-phased exploration program beginning mid-May. A diamond-drilling program will follow the initial geological mapping, prospecting and ground based radiometric program.

Manson Creek has contracted the services of Cyr Drilling International Ltd. of Winnipeg, Manitoba to complete a diamond drill campaign on the Company's Black Lake property.

Final preparations are underway for the first phase of exploration which is scheduled for the second week of May. This initial phase will include geological mapping, sampling, prospecting, and ground based radiometric surveys. This work will expand upon historical mineralized zones and delineate priority zones for diamond drilling.

The second phase of the exploration program, expected to commence in early July, will include a 2,000 meter diamond drill program. A helicopter portable diamond drill rig will be used to test both historical showings and any prospective uranium mineralization targets delineated during the phase one May program.

Background

The Black Lake claim group, encompassing 5,484 hectares, is located 30 kilometers east of Stony Rapids within northern Saskatchewan, on the leading edge of the Athabasca Basin.

The Black Lake property represents an under explored uranium deposit model in Canada. The deposit style is best exemplified by the Rossing uranium mine in Namibia. Rossing, the 5th largest uranium mine in the world, supplies 8% of the world's production. Rossing recently celebrated their 20th year of production.

The Black Lake claims cover numerous uranium occurrences within deformed metasedimentary rocks, and pegmatitic and granitoid intrusive rocks. The property has seen varying amounts of historical surface exploration, with the last round of work occurring in the 1970's. Mineralization generally consists of irregularly disseminated uraninite in deformed and folded radioactive pegmatite granites. Molybdenite is often an accessory mineral.

Historical reports suggest the mineralized zones range from one meter to greater than 10 meters in width. Historical assays range from 0.08% to greater than 1% U₃O₈.

Manson Creek

Manson Creek Resources Ltd. is a mineral exploration company with a focus on acquiring and advancing early stage Gold, Silver, Uranium, and Base Metal projects located in western Canada.

The Manson Creek technical team of professional geologists has assembled a comprehensive portfolio of uranium, precious and base metal projects in Saskatchewan, British Columbia, and the Yukon. These diverse projects, all at varied stages of exploration, offer excellent exposure to the favorable commodity markets.

In addition to work currently being undertaken on the Black Lake Uranium property, Manson Creek is in its final stages of the drill program on the CR copper – molybdenum project, located near Houston, British Columbia. The drilling is ahead of schedule and completion is expected shortly.

“Regan Chernish”

Regan Chernish, P. Geo.
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and future plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.