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NEWS RELEASE

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Manson Creek Provides Uranium Project Surface Sampling Results Including 0.589% U₃O₈ and 0.110% Molybdenum

Manson Creek Resources Ltd. (Manson Creek) is pleased to announce the results of the May 2007 geological mapping, sampling, and geophysical programs completed on the Black Lake Project. The 5,845 hectare project area is located 40 kilometers from Stony Rapids, Saskatchewan.

Two significant target areas, the A Zone and Charlebois Lake, were examined in detail.

The A Zone, located near Black Lake, is a 200 meter by 250 meter zone containing significant volumes of radioactive pegmatite. Five grab samples collected from the outcropping pegmatites returned values ranging from 0.108% U₃O₈ to 0.589% U₃O₈. The pegmatites within the A Zone locally contain abundant molybdenum (Mo) with assay values ranging from 0.077% to 0.302% Mo.

A Zone Sample Details

Sample Number	U ₃ O ₈ %	Molybdenum %	Rock Type
315361	0.134	0.214	Quartz-Biotite-Feldspar Pegmatite
315362	0.108	0.089	Quartz-Biotite-Feldspar Pegmatite
315363	0.274	0.077	Quartz-Biotite-Feldspar Pegmatite
315364	0.589	0.110	Quartz-Biotite-Feldspar Pegmatite
315397	0.180	0.302	Quartz-Biotite-Feldspar Pegmatite

The Charlebois Lake zone encompasses a radiometric anomaly with a strike length in excess of two kilometers. Thirty-seven grab or continuous chip samples, collected from areas of discontinuous outcrop during the May 2007 sampling program, returned values from 0.001% U₃O₈ to 0.090% U₃O₈.

The assay results from the May sampling program continue to support Manson Creeks' exploration concept of a bulk tonnage deposit model within the Black Lake project area.

The Company remains focused on the upcoming 2,000 meter drill program planned for the Black Lake property. This program is anticipated to begin in early to mid-July.

All assay work was performed at SRC Analytical Laboratories of Saskatoon by partial and total digestion ICP methods. Additional U₃O₈ assays were completed using Aqua Regia digestion. The Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release was Regan Chernish, P.Geol., President of the Company.

"Regan Chernish"
Regan Chernish, P. Geo.
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and future plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.