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NEWS RELEASE

FEBRUARY 14, 2006

News Release: **06-01**

Symbol: TSX Venture-MCK

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MANSON CREEK IS PLEASED TO ANNOUNCE 2006 EXPLORATION PROGRAMS

The Manson Creek Board of Directors has formally approved the 2006 exploration budget. This year will be a very active one for Manson Creek. Exploration programs are planned on four separate properties; they will include up to two diamond drill campaigns, induced polarization (IP) and magnetic geophysical surveys, and a soil geochemical survey.

The exploration year will begin in late April with a detailed IP geophysical survey on the Palomino copper/gold project near Houston, BC. Detailed geological mapping and sampling programs will be carried out on the Meridian gold/silver project, located near Revelstoke, BC in late May, in preparation for a July 2006 diamond drilling program. Exploration work on the Cuprum copper/zinc/silver project is scheduled for mid to late July and will include a detailed prospecting program, magnetic and soil geochemical surveys. The CR copper/molybdenum property, located near Houston, BC will be prospected and further IP surveys will be completed.

Project Details

The Palomino copper/gold project, located near Houston, B.C., will have an IP geophysical survey completed prior to diamond drilling. The IP survey will further delineate a magnetic geophysical anomaly. The anomaly along with observed strong and pervasive potassic alteration is thought to represent overburden-covered porphyry. Several drill holes are planned to test the target in mid to late June 2006.

The Meridian gold/silver project, located near Revelstoke, B.C., will have a 1,500-meter diamond drill program targeting high-grade gold and silver mineralization in quartz veins. Samples collected in October 2005 during a due diligence visit ranged from 0.53 to 90.60 g/t (grams/tonne) gold and 0.20 to 563 g/t silver. A composite sample along the length of a 2-meter wide quartz vein in one of the adits ran 46.6 g/t gold and 24.7 g/t silver over a length of 10 meters. The drill program will commence, subject to drill availability, in July 2006.

The Cuprum copper/zinc/silver project, located near Whitehorse, YT, is scheduled for additional magnetic and geochemical surveys to follow up on anomalies outlined in the 2005 surveys. Work in 2005 outlined mineralized magnetite skarn in discontinuous outcrop extending 760 meters with widths of 9 – 30 meters. Grab samples from the magnetite skarn have returned values of up to 7.5% copper, 2.2% zinc, and 123 g/t silver. Exploration work will commence in mid to late July 2006.

The CR copper/molybdenum project, located near Houston, BC, had a successful 2005 diamond drill program that expanded the mineralized porphyry to greater than 950 meters along strike with widths of 100 – 180 meters. The porphyry remains open along strike and to depth. The 2006 exploration work will begin with an IP geophysical survey that will test overburden-covered areas along strike with the known porphyry. This geophysics will help direct the next round of drilling on the project.

The Manson Creek website contains detailed information on each of these projects. The Company is also currently evaluating other promising exploration opportunities in British Columbia, the Yukon, and Nevada.

Manson Creek has also set April 13, 2006 as the date for its Annual & Special Meeting of Shareholders.

“Regan Chernish”

Regan Chernish, P. Geol.
President and Director

No Canadian Stock Exchange has approved nor disapproved of the information contained herein.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and future plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.