

MANSON CREEK RESOURCES LTD.

SUITE 500, 926-5TH AVENUE S.W., CALGARY, ALBERTA, T2P 0N7
PH: 403.233.0464 FAX: 403.266.2606 WWW.MANSON.CA

NEWS RELEASE: 11-08

JULY 19, 2011

Trading Symbol: **TSX Venture-MCK**

For Further Information Contact: **Regan Chernish at 1.403.233.0464**
Web: <http://www.manson.ca>

Manson Creek Expands Tell Claim Block, Yukon

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce that it has completed staking additional claims to expand the Tell Claim block, located immediately south of ATAC Resources Ltd. Rau claims, in the Yukon.

Geological personnel recently completed a geological reconnaissance, stream sampling and prospecting program on the Company's 100% owned Tell project.

Considerable attention was paid to the Tell natural spring gossan and vegetation kill zone. The gossan extends over 300 meters and is cored by a 75 meter by 240 meter zone hosting significant zinc values in soil samples ranging from 10,000 to 49,600 parts per million (ppm) zinc along with significant lead values. This zone has never been drill tested and bears similarities to the Ocelot discovery announced by ATAC Resources Ltd.

The Ocelot discovery was made by targeting an undrilled natural spring surface gossan with associated strongly anomalous zinc and lead sample results. Like the Ocelot zone, the Tell gossan is also located in and near regional carbonate units within structurally complex geology in and proximal to the Rackla gold belt.

Samples have been received by the assay facilities with interpretation and summary of the field work expected to be completed shortly.

Tell Project Background

The Tell property is now well over 2,000 hectares with the claims located approximately 140 kilometers east of Mayo, Yukon. Many of the recent gold and silver discoveries in the region have been made in areas of prominent known, but not drill tested, gossan zones that contain anomalous zinc, lead and pathfinder minerals. The Tell property contains a large gossan, that is anomalous in zinc and lead, as well as numerous arsenic and mercury anomalies that are considered pathfinders for gold mineralization.

The President of Manson Creek Resources Ltd., Regan Chernish P.Geol., is the Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release.

"Regan Chernish"

Regan Chernish, P. Geol.,
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

Except for the historical and present factual information contained herein, the matters set forth in this news release, including words such as "expects", "projects", "plans", "anticipates" and similar expressions, are forward-looking information that represents management of Manson Creek's internal projections, expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of Manson Creek. The projections, estimates and beliefs contained in such forward-looking statements necessarily involve known and unknown risks and uncertainties, which may cause Manson Creek's actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. These risks and uncertainties include, among other things, those described in Manson Creek's filings with the Canadian securities authorities. Accordingly, holders of Manson Creek shares and potential investors are cautioned that events or circumstances could cause results to differ materially from those predicted. Manson Creek disclaims any responsibility to update these forward-looking statements.