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NEWS RELEASE

JULY 14, 2011

News Release: **11-07**

Trading Symbol: **TSX Venture-MCK**

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Manson Creek Commences Diamond Drilling on its Virgin Arm Gold Project

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce that diamond drilling has begun on the Virgin Arm gold property in Newfoundland.

Diamond drilling will target gold mineralization in the Hank and Homer Zones that have returned significant gold assays of 0.5 grams per tonne (g/t) gold to over 10 g/t gold. The 1,500 meter drill program will see up to 10 diamond drill holes completed along 400 meters of gold mineralization.

The Company is also pleased to report the receipt and interpretation of the assay data acquired in the late spring trenching program on the Virgin Arm property. The trenching program uncovered 5 zones, primarily in the Discovery Ridge area, located approximately 150 to 500 meters to the west of the Hank Zone. The significantly gold mineralized Hank and Homer Zones are bordered by zones of broad low grade gold mineralization that were uncovered in the course of trenching along 825 meters of strike length along Discovery Ridge. Significant results included 1.0 meter grading 0.83 g/t gold contained within a broader zone of 9.6 meters grading 0.26 g/t gold. Additional significant results are included in Table 1. Minor trenching was completed on the Hank and Homer Zones during the preparation of drill pads for the current drilling. The GBY South trench, located 30 meters to the west of the Homer Zone returned significant gold assays of 1.37 g/t gold in a 1.0 meter interval hosted within 3.0 meters assaying 0.72 g/t gold.

New soil sample results from 2011 have outlined broad, highly significant gold and arsenic anomalies over hundreds of meters of strike length along the Discovery Ridge area, which indicates that the zone is significantly larger than the area tested by the spring trenching. Of great significance are the strong anomalies that occur along strike to the south of the known gold mineralized Hank Zone.

Virgin Arm Background

Work in 2011 to date has included a detailed 18.6 line-kilometer soil sampling program, mechanized trenching of arsenic and gold in soil anomalies, primarily in the Discovery Ridge Zone that is peripheral to the Hank and Homer Zones. Gold mineralized zones uncovered by the trenching were geologically mapped in detail and continuous channel sampling was completed on prospective geology.

The property is located 75 kilometers from Gander, Newfoundland with gold found in a mineralized corridor of 4.2 kilometers by up to 800 meters in three trenched zones; Hank, Homer, and Barney, as well as the new Discovery Ridge area. Each of these zones is an excellent target for significant new gold resources. Samples to date have produced high grade gold values to 10.07 grams per tonne hosted within zones of lower grade gold mineralization.

Table 1. Significant Trenching Results

Location	Mineralized width (meters)	Gold (g/t)	Geological Unit
GBY South (Homer Zone)	3.0	0.72	Felsic Intrusive
<i>Including</i>	1.0	1.37	Felsic Intrusive
Discovery Ridge Zone			
Geochem Ridge	0.75	0.64	Felsic Intrusive
Trench I	9.60	0.26	Felsic Intrusive
<i>Including</i>	2.0	0.52	Felsic Intrusive
<i>Including</i>	1.0	0.83	Felsic Intrusive
Trench G	9.0	0.16	Quartz eye porphyry
<i>Including</i>	1.0	0.38	Quartz eye porphyry
<i>Including</i>	3.6	0.24	Quartz eye porphyry
Trench A	7.0	0.15	Quartz eye porphyry
<i>Including</i>	2.0	0.36	Quartz eye porphyry
<i>Including</i>	1.0	0.60	Quartz eye porphyry
Lake Shore Zone	2.0	0.35	Felsic Dyke

All rock samples were delivered to Eastern Analytical Ltd. in Springdale, Newfoundland for analysis. Gold was assayed by standard fire assay methods with 30 additional elements analyzed by Induced Coupled Plasma (ICP). Duplicates and blanks were inserted in the sample order to ensure optimum precision and accuracy.

Tell Property Update

Field personnel have just wrapped up Phase 1 of exploration on the Tell property located in the Yukon. Details of the Phase 2 program will be released shortly.

The President of Manson Creek Resources Ltd., Regan Chernish P.Geol., is the Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release.

“Regan Chernish”

Regan Chernish, P. Geol.,
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

Except for the historical and present factual information contained herein, the matters set forth in this news release, including words such as “expects”, “projects”, “plans”, “anticipates” and similar expressions, are forward-looking information that represents management of Manson Creek’s internal projections, expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of Manson Creek. The projections, estimates and beliefs contained in such forward-looking statements necessarily involve known and unknown risks and uncertainties, which may cause Manson Creek’s actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. These risks and uncertainties include, among other things, those described in Manson Creek’s filings with the Canadian securities authorities. Accordingly, holders of Manson Creek shares and potential investors are cautioned that events or circumstances could cause results to differ materially from those predicted. Manson Creek disclaims any responsibility to update these forward-looking statements.