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NEWS RELEASE

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Manson Creek Completes Diamond Drilling On Virgin Arm Gold Project

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce the successful completion of the first ever diamond drill program on its Virgin Arm gold project located in Newfoundland.

The seven hole, 1,085 meter, drill program effectively tested the Hank and Homer Zones as well as testing the newly discovered Lake Shore Zone in the Discovery Ridge Area. All of the drill holes intercepted single to multiple zones of felsic intrusive which has returned significant gold assays of 0.5 grams/tonne to over 10 grams/tonne gold in surface trenching samples. This program is the first drill program ever conducted on the property and the Company is pleased to report that the program has been completed ahead of schedule and under budget. The budget surplus will be diverted to the Tell Project in the Yukon in order to fast track activities on the recently announced discoveries.

Sampling of the drill core will be completed shortly at which time all the samples will be submitted to Eastern Analytical, located in Newfoundland, for analysis.

Tell Project, Yukon

The Company is focusing resources on moving the Tell Project forward with Manson Creek geological personnel currently in the Yukon conducting further sampling and reconnaissance on the Property. Results from the first phase of work on the Property are expected to be received by the Company shortly.

The President of Manson Creek Resources Ltd., Regan Chernish P.Geol., is the Qualified Person responsible for the design and implementation of the Field Programs as well as the preparation of this news release.

"Regan Chernish"

Regan Chernish, P. Geol.,
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

Except for the historical and present factual information contained herein, the matters set forth in this news release, including words such as "expects", "projects", "plans", "anticipates" and similar expressions, are forward-looking information that represents management of Manson Creek's internal projections, expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of Manson Creek. The projections, estimates and beliefs contained in such forward-looking statements necessarily involve known and unknown risks and uncertainties, which may cause Manson Creek's actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. These risks and uncertainties include, among other things, those described in Manson Creek's filings with the Canadian securities authorities. Accordingly, holders of Manson Creek shares and potential investors are cautioned that events or circumstances could cause results to differ materially from those predicted. Manson Creek disclaims any responsibility to update these forward-looking statements.