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NEWS RELEASE

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Manson Creek Intersects 0.179% U₃O₈ Over 2.51 Meters At Black Lake Project

Manson Creek Resources Ltd. ('Manson Creek') is pleased to announce the complete assay results for the diamond drill program completed earlier this year on its Black Lake uranium project, located near Stony Rapids in northern Saskatchewan.

The drill program successfully intersected significant volumes of pegmatite hosted uranium mineralization along the multi-kilometer radiometric anomaly at Charlebois Lake. Intervals of 0.179% U₃O₈ over 2.51 meters and 0.118% U₃O₈ over 1.97 meters were drilled 480 meters apart along the strike of the Charlebois Lake Zone. Each of these intervals is hosted within broader, moderately mineralized, areas of 0.080% U₃O₈ over 6.52 meters and 0.040% U₃O₈ over 11.86 meters respectively.

The Charlebois Lake drilling, comprised of 782.03 meters over two holes, intersected abundant multi-meter intervals of mineralized pegmatite, (Table 1), including a broad intersection of 0.017% U₃O₈ over 18.19 meters. The preliminary results of the drilling on the Charlebois Lake Zone continue to support the Company's belief that the region has the potential to host a 'Rossing'¹ style uranium deposit. Manson Creek will focus its resources on advancing the prospective Charlebois Lake Zone.

The three drill holes that tested the A Zone, located near Black Lake, also intersected significant volumes of mineralized granite/pegmatite. Significant intercepts included 0.010% U₃O₈ over 1.50 meters, 0.012% U₃O₈ over 0.85 meters, and 0.012% U₃O₈ over 0.71 meters. It is likely that near surface oxidative weathering processes were responsible for leaching uranium from primary igneous minerals and re-concentrating it in secondary uranium minerals such as the uranophane observed during geological mapping.

Charlebois Lake

The Charlebois Lake radiometric anomaly is a 5 to 6 kilometer, laterally extensive, zone that is comprised of numerous parallel striking radioactive pegmatites. The pegmatites range from mapped zones of one meter to 150 meters in interpreted width.

Drill hole 07CL-01 tested a large zone of outcropping mineralized pegmatite that returned surface sample values of 0.001% to 0.090% U₃O₈. Drill core samples returned many multi-meter zones of 0.010% to 0.118% U₃O₈ with 0.023% Molybdenum (Mo) over 1.97 meters. This apparent increase in mineralization with depth is significant, as no work has been done in this area for over 30 years.

The second drill hole along the zone, 07CL-02, was collared 480 meters along strike from 07CL-01 and it returned significant assays such as 0.179% U₃O₈ and 0.021% Mo over 2.51 meters. The aforementioned zones are hosted within broader, moderately mineralized areas.

¹ The Rossing uranium deposit is a bedrock hosted, bulk-tonnage style model located in Namibia. The mine has been in production for over 30 years at a grade of 0.2 to 0.3% U₃O₈.

TABLE 1.
 2007 Black Lake Program Significant Intervals

Hole #	From (m)	To (m)	Interval (m)	U ₃ O ₈ (%)	Zone
07CL-01	38.40	42.45	4.05	0.018	Charlebois Lake
	48.44	66.63	18.19	0.017	Charlebois Lake
Including	52.38	54.44	2.06	0.025	Charlebois Lake
	58.52	60.57	2.05	0.023	Charlebois Lake
	64.55	66.63	2.08	0.024	Charlebois Lake
07CL-01	72.51	84.37	11.86	0.040	Charlebois Lake
Including	76.48	78.45	1.97	0.118	Charlebois Lake (0.023% Mo)
07CL-01	226.99	230.63	3.64	0.020	Charlebois Lake
07CL-02	88.95	90.92	1.97	0.011	Charlebois Lake
	98.61	100.40	1.79	0.012	Charlebois Lake
	103.66	110.18	6.52	0.080	Charlebois Lake
Including	106.08	108.59	2.51	0.179	Charlebois Lake (0.021% Mo)
07CL-02	123.69	125.13	1.44	0.014	Charlebois Lake
	260.19	264.32	4.13	0.013	Charlebois Lake
	325.44	327.41	1.97	0.010	Charlebois Lake
07PL-01	4.48	5.99	1.51	0.010	A Zone (0.017% Mo)
	13.67	14.52	0.85	0.012	A Zone
07PL-03	154.62	155.33	0.71	0.012	A Zone

Pegmatite zones are currently interpreted to be sub vertical. Intervals in Table 1 are down hole lengths.

The SRC Analytical Laboratories of Saskatoon, Saskatchewan completed all sample assay work. The sample assays were derived from partial and total digestion ICP methods. Additional U₃O₈ assays were completed by a total acid digestion followed by analysis by ICP-OES. The security tagged samples sent to the laboratory included standards to ensure proper quality assurance and quality control.

2007 Drill Hole Details

DDH	EAST	NORTH	DIP	AZIMUTH	TOTAL DEPTH (m)
07PL01	497583	6575031	45	90	102.79
07PL02	497586	6575034	55	80	291.05
07PL03	497800	6574950	55	320	325.44
07CL01	505127	6582659	55	300	383.39
07CL02	505563	6582869	55	300	398.64

Coordinates are in NAD 27 Zone 13

Exploration Update

Manson Creek personnel inspected the Meridian gold – silver project infrastructure in November as preparation for anticipated diamond drilling. The drill roads and pads constructed in 2006 continue to be in excellent condition. The primary forestry road into the valley containing the Meridian property, amongst others, has been the focus of Government sponsored remediation work for much of the year. Drill rig mobilization was planned once the work, scheduled to be complete by early to mid-November, was complete. The work has just now been completed, and due to high snowfall in the area, the Company will not be able to mobilize a drill to the property this year. As a result, the Company is in discussions to secure the drill rig for the property to commence drilling on the Meridian property in the spring of 2008.

The Company has received the final sample data for the Stem uranium prospect, located in southern British Columbia. After a thorough review and analysis, Manson Creek has decided not to proceed with the project.

The Qualified Person responsible for the design and implementation of the Field Program as well as the preparation of this news release was the President of the Company, Regan Chernish, P.Geol.

Manson Creek

Manson Creek Resources Ltd. is a mineral exploration company with a focus on acquiring and advancing early stage Gold, Silver, Uranium, and Base Metal projects located in western Canada.

The Manson Creek technical team of professional geologists has assembled a comprehensive portfolio of uranium, precious and base metal projects in Saskatchewan, British Columbia, and the Yukon.

“Regan Chernish”

Regan Chernish, P. Geol.
President and Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.